# Why does it matter where my food comes from?

<u>Key</u> <u>Vocabulary</u>	<u>Definition</u>
pasture	A piece of land on which animals are put to graze.
economy	The system of how money is made and used within a particular country or region.
raw material	Material or a product in its natural or original state, before processing.
hedgerow	A row of bushes or shrubs that forms a hedge or boundary edge.
settlement	A place where people have recently started living.
industry	The activity of process of turning raw materials into finished products.
plantation	A large farm or estate used for growing rubber, cotton, or other crops to sell.
harvest	The gathering of ripe crops, the crops or the amount of crops gathered, or the season in which they are gathered.
import	To bring in from another country, especially as something to be sold.
export	To send to another country to sell.
tropical	Having to do with or near the equator.
calories	A unit for measuring the amount of energy that a food can produce when taken into the body. The more calories something has, the more energy it can provide for the body.
free-range	Produced by animals that can roam freely outdoors for at least part of the day.
vitamins	One of a number of natural or human- made substances needed for the health and normal working of the body. Humans get most of their vitamins from food.

## Where does your fruit come from?

### United Kingdom:

- Strawberries.
- Apples.
- Raspberries.
- Blackcurrants.
- Pears.
- Cherries.
- Plums

## Abroad:

- avocado
- melon
- bananas
- grapes
- sweet potatoes
- oranges
- mango







#### Facts and information:

- The average person in the UK drinks 144 pints of milk in a year
- A cow can produce 39 pints of milk a day
- Over 80,000 people work in the dairy industry
- The UK gets most of its fish from Sweden
- The UK spends over £7 million on importing nuts from Nicaragua
- The UK spends over £200 million importing potatoes from the Netherlands and Belgium
- Salmon is the second biggest export from the UK making over £186 million.

#### What will I be able to do?

- Explain that all the food we eat comes from either plants or animals
- Describe how a dairy farm works and explain how milk is used in dairy projects
- Describe what is the same and different between Devon and Hastings
- Explain why the weather in Devon is good for dairy farming
- Look at the weather in Devon and compare it to the rest of the UK
- Explain how cheese is made and why it is exported
- Say the top 10 fruits in the UK and describe which are imported and why
- Explain why Costa Rice is a good location for bananas
- Describe how sugar is refined
- Explain a balanced diet.