

# Forest School



Forest School is a concept that takes a sustained approach to Outdoor Learning which seeks to encourage, motivate, engage and inspire children through positive outdoor experiences.

Research has concluded that children in a forest school setting are more balanced with greater social capability, have better concentration and coordination skills and their attendance at school has improved.

Our Forest School is an inspirational process that offers regular opportunities for the children to explore the outside world, learning new skills, linked to the National Curriculum.

## What Children Need To Wear

Children will need to bring to school on their Forest School day, warm clothes which they can get dirty, a waterproof jacket, long waterproof trousers and wellington boots.

Don't forget hats and gloves on cold days too!

In summer months children must still wear long sleeved tops and trousers and also a sun hat!

