

## Extended Schools – SPLASH (After School Club) Menu



	Monday	Tuesday	Wednesday	Thursday	Friday
W	Hot dogs	Cheese on toast	Crumpets	Tacos	Tea cakes
E E K	Fruit/Yoghurt/Salad/ Vegetables	Fruit/Yoghurt/Salad/ Vegetables	Fruit/Yoghurt/ Vegetables	Fruit/Yoghurt/Salad/ Vegetables	Fruit/Yoghurt/Salad/ Vegetables
1 w/c 04/11/24	Juice/Water/Milk	Juice/Water/Milk	Juice/Water/Milk	Juice/Water/Milk	Juice/Water/Milk
W E E	Bacon rolls	Nuggets with wedges	Sausage rolls and onion rings	Couscous	Toast and toppers
K	Fruit/Yoghurt/Salad	Fruit/Yoghurt	Fruit/Yoghurt/ Vegetables	Fruit/Yoghurt	Fruit/Yoghurt/Salad/ Vegetables
2 w/c 11/11/24	Juice/Water/Milk	Juice/Water/Milk	Juice/Water/Milk	Juice/Water/Milk	Juice/Water/Milk
W	Savoury rice	Soup	Cheesy pasta	Ham and cheese sliders	Croissants and cheese
E E K	Fruit/Yoghurt	Fruit/Yoghurt/Salad	Fruit/Yoghurt/Salad/ Vegetables	Fruit/Yoghurt	Fruit/Yoghurt/ Vegetables
w/c 18/11/24	Juice/Water/Milk	Juice/Water/Milk	Juice/Water/Milk	Juice/Water/Milk	Juice/Water/Milk

Fruit available daily will be a selection from: For Snack Time: bananas, oranges, melon, apples, dried fruit and other season al fruits.

For Tea Time: strawberries, raspberries, grapes, bananas, melon, blueberries, kiwi and other seasonal fruits. Salad Vegetables: carrot sticks, cucumber, peppers, sweetcorn, and cherry tomatoes.

(This is a three week rotating menu and is subject to change when necessary.)

Please note that a vegetarian and vegan option or alternative is always available.

W	BBQ Chips	Pitta pizzas	Sausages and beans on	Garlic bread and	Cheese and onion rolls
E			toast	continental ham	with veggie sticks
E					
K	Fruit/Yoghurt/Salad	Fruit/Yoghurt/Salad	Fruit/Yoghurt/	Fruit/Yoghurt	Fruit/Yoghurt/Salad/
4			Vegetables		Vegetables
w/c					
25/11/24	Juice/Water/Milk	Juice/Water/Milk	Juice/Water/Milk	Juice/Water/Milk	Juice/Water/Milk
W	Sausage muffins	Tomato pasta	Noodles	Hash browns with	Chicken goujon wraps
E				bacon	
E					
K	Fruit/Yoghurt/	Fruit/Yoghurt/Salad/	Fruit/Yoghurt	Fruit/Yoghurt/Salad	Fruit/Yoghurt
5	Vegetables	Vegetables			
w/c					
02/12/24	Juice/Water/Milk	Juice/Water/Milk	Juice/Water/Milk	Juice/Water/Milk	Juice/Water/Milk
W	Ravioli	Naan bread with falafels	Ham and sweet potato	Enchiladas	Toastie pockets
E			chips		
E					
K	Fruit/Yoghurt/	Fruit/Yoghurt	Fruit/Yoghurt/Salad	Fruit/Yoghurt/Salad/	Fruit/Yoghurt
7	Vegetables			Vegetables	
w/c					
09/12/24	Juice/Water/Milk	Juice/Water/Milk	Juice/Water/Milk	Juice/Water/Milk	Juice/Water/Milk
W	Sausage sandwiches	Fish fingers with potato	Cheesy nachos		Snowman pancakes
E		waffles			
E				SPLASH	
K	Fruit/Yoghurt/	Fruit/Yoghurt	Fruit/Yoghurt/Salad	CHRISTMAS	Fruit/Yoghurt
8	Vegetables			PARTY	
w/c	har . Inc.	the transfer to any	that the least		
16/12/24	Juice/Water/Milk	Juice/Water/Milk	Juice/Water/Milk		Juice/Water/Milk

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