

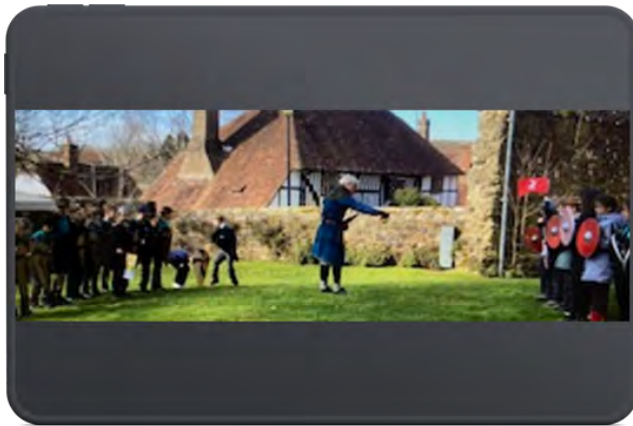


St Paul's News



"LET YOUR LIGHT SHINE"

FEBRUARY & MARCH 2025



We have had an eventful couple of months, children have enjoyed learning outside the classroom and have been captivated by different people coming in to share their experiences and interests.

The Choir has been out and about, successfully participating in the Hastings Music Festival.

We have had a variety of sporting events with many successes including Team Silver and Gold in the gymnastics and 3 out of 3 wins for the girls' football team on International Women's Day.



Gymnastics



Girls' Football Team

CONTENTS

- Spring- p1
- Attendance - p2
- Extended Schools- p3
- Nursery- p4
- Reception- p5
- Year 1- p6
- Year 2- p7
- Year 3- p8-9
- Year 4- p10
- Year 5- p11
- Year 6- p12
- Jamie Littler- Author & Illustrator visit- p13
- Maths- p14
- World book Day -p15-18
- Sierra Leone- p19
- Sports @ St Paul's- p20-21
- Time to Dance- p22
- Wellbeing- p23
- Comic Relief- p24
- World Sleep Day- p25
- Me and My Mind- p26
- St Matthew's Church - p27
- St Paul's Together- p28
- W.Arts- p29
- Key dates - p30

Attendance

"ALWAYS STRIVING TO BE BETTER"

12 classes had their attendance above 95% this month.

Overall school attendance this term is **94.3%** which is below the national average of **94.8%** to date. Well done to all as overall attendance is improving. Please remember that in the event of your child being absent from school, it is your responsibility to let the front office know the reason for this through ringing in using Option 1 or leaving a message via Arbor.

A big well done to all 12 classes that have an attendance above 95% so far this term!

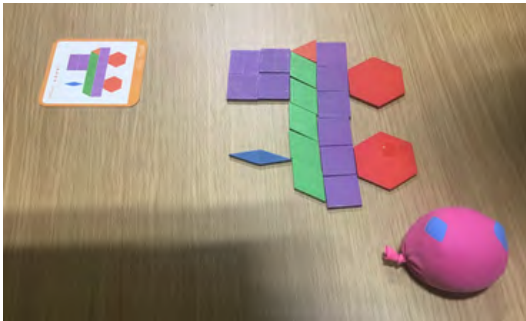
Attendance this term

RLB	94.3%	2JS	96.0%	4AB	95.4%
RBCKC	94.9%	2LG	95.9%	5JM	96.7%
RKS	91.0%	3EL	95.1%	5ER	92.4%
1CD	96.8%	3AY	95.6%	5GH	94.7%
1RM	95.2%	3JB	91.0%	6CW	95.1%
1MCLB	95.1%	4VLTS	91.6%	6KG	93.0%
2HONH	96.0%	4HM	94.9%	6ECM	91.4%

1CD-
96.8%

Extended Schools

SPLASH is fun! We have very tasty food and when it's hot, we go outside.
Olivia



Investigating...



I think SPLASH is good because it lets parents have time to themselves!
Kian

Nursery



The children sat beautifully and listened to the Easter story



The children discussed how Easter relates to them.

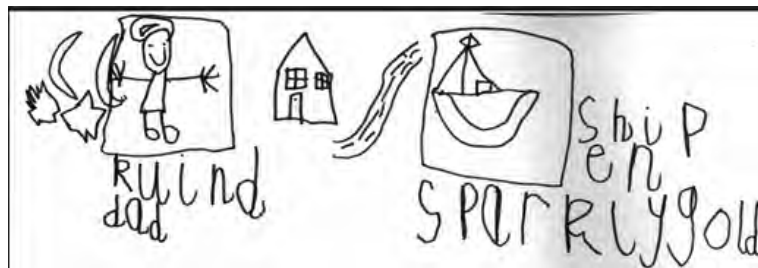
World Book Day



Reception



Mr Grumpy-Adults tell the story



Roman's innovated story

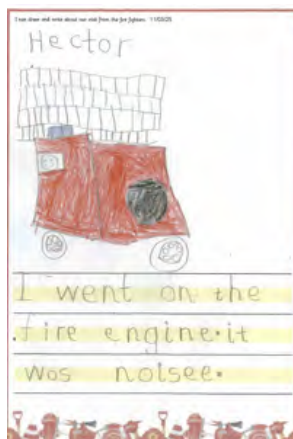
In Talk 4 Writing we have been looking at the story of Mr Gumpy's Outing. The children have been immersed in the story watching the adults perform it as well as acting it out themselves. The children also made their own boats from loose parts and junk modelling before we thought about different modes of transport Mr Gumpy could have used. We had a visit from fire fighters with their fire engine and a paramedic with his ambulance, learning about all their life saving skills.

The children innovated the story and drew or wrote the first section using adjectives to describe their new character and their new mode of transport



Story time with Miss Watson and Winnie

"The fire engine had a loud siren, I had to put my hands on my ears!"
"Get out when there is a fire, don't get your teddies"
"It had torches on the helmet to see through the smoke and the dark"



TOM IS a paramedic
Hee HELPS PEOP
When they are porles
Hee TACS PEOP to Hospi

Visit from the paramedic

The fire service visited Reception. The fire fighters first spoke to us about how to be safe when there is a fire and to ring 999 in an emergency. The children all had a chance to get into the fire engine and then have a go at spraying the hose. We finished with listening to the sirens!

Year 1



MALLYDAMS VISIT- 04.03.25

Sam from Mallydams spent the day in Year 1. She brought animal skulls in for the children to look at. They guessed which animal they were from and identified what kind of diet they would have had by looking at their teeth. They sketched the skulls using charcoal and finished with a class story- Funnybones.

British Science Week- 7th-16th March 2025- 'Change and Adapt'

British Science Week has been a blast in Year 1. We started the week by making wormeries; layering sand, soil and dead leaves. We have covered them up so they're nice and dark and in two weeks time we will check to see what the worms have been up to. We have relaunched the fabulous Science Bags and can't wait to see the fun children have experimenting! Next, we explored colour mixing, creating some fabulous colours with paints and adding them to our own colour wheel. Finally, we went to visit the tadpoles. We will spend the rest of the term watching to see how they change and adapt. Year 1 Team

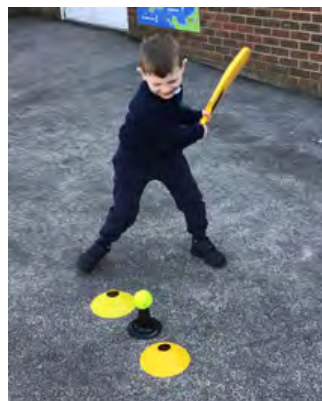


St Paul's Science bags go home

CRICKET

Year 1 has been participating in a weekly cricket session. They have enjoyed learning new skills such as throwing and catching, batting and bowling. The children's confidence has grown immensely.

"It was my first time playing cricket and I found catching hard."
"When I tried hitting the ball on the wicket, it was really tricky."
"It was hard to catch the ball with one hand."



Year 2

We have been dissecting owl pellets in Year 2. This was linked to our science topic and also has given us something really exciting to write about.



It was disgusting but fun!

Willa

Me and Penny found a skull!

Lorena

I was happy because we haven't ever done this before.

Arthur



I found it fascinating because it was interesting to see all the bones.

Nina



Year 3- A Town Explores



"While we were doing the sketching, I loved the peaceful music"

"I liked writing about the story because I could be creative"

"I felt amazed when I found out that dinosaurs were found in St. Leonards"

"It was quite interesting when I found out that some rocks on the beach would be dinosaur fossils."

"I was surprised when parts of the Iguanodon were found in Alexandra Park".

Year 3 took part in the 'A town explores a book' workshop. We explored the scientific paper by Gideon Mantell where the Iguanodon species was named. The children took part in three activities including decorating parts of a dinosaur, draw and sketching to live music and a creative writing workshop. The children thoroughly enjoyed all three activities and created some excellent art work and stories

Year 3 Team.



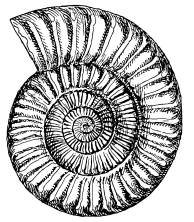
"I was a bit shocked when parts of the Iguanodon were found in Hollington because my Grandma lives there and I liked the interesting facts about dinosaurs and the Iguanodon"

"I liked the sketching because I drew some footprints because that's where they stomped in St. Leonards"

"I liked the bit where we got to create the dinosaur pieces to create the whole dinosaur that we made altogether"



Year 3- Fossils



Full of stories the beautiful stone

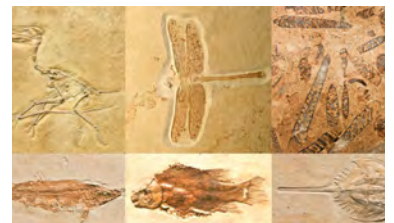


Ones from long ago

Settling under piles of rocks

Shifting away adventurously through time

Isaw this beautiful,



Little fossil.

Year 4- Battle Abbey

Wednesday 19th March



It was so nice, it was a sunny day which was the best thing. We did a scavenger hunt of things to find at Battle Abbey.
Mario

"A lady stopped me to tell me how impressed she was with our children. She said she was a retired teacher and she was so amazed by how calm and respectful they were and she said to pass on to my head teacher how wonderful it was to see children so excited about History".
Mrs McCullough



Life in a Motte and Bailey Castle

Imagine that you are a Norman Soldier. What would a day in your life be like? Where do you live? What jobs would you have to do every day? Write a diary entry describing everyday life for you.

At Battle Abbey, I saw the towering castle reflecting the height of the clouds, shattered battlements being steadily stomped on, spoiled children disturbing their weary parents.

At Battle Abbey, I heard whispering voices begging for mercy, a battalion of blood spewing like rain - drops, the distant echo of marching, clomp clomp clomp.

James 4 AB

Year 5



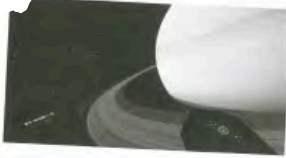
I remember the Great Red Spot of Mars, it's the same size as Earth, it can be deadly. It's a storm which rages for 6 or 7 years or so.
Eckhart

We got to know about planets and what they looked like in the sky. My favourite is Mars. I like the colour. It felt like we were floating in between the stars.
Willow

Year 5 was fortunate to have a spectacular VR Space day. During the session, as well as exploring the planets, we learnt lots of unusual facts.

I've never seen space like that before even through a telescope.
Logan

Space in VR




Today we all became astronauts, exploring the depths of space through Virtual Reality (VR). We piloted research vessels around planets and moons, delving deep into the wonders of the solar system.

I found out that:
Saturn has over 150 moons.

My favourite part was:
when we went on the rollercoaster and saw earth.

One question I have is:
Does neptune have any moons.

This is what I saw. It shows the solar system



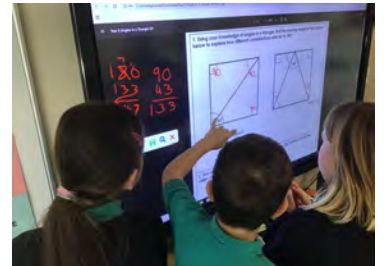
A day in the life of Year 6

World Book Day 2025



Year 6 Maths was hard in the beginning but with a lot of practice, it's got easier!
Noah

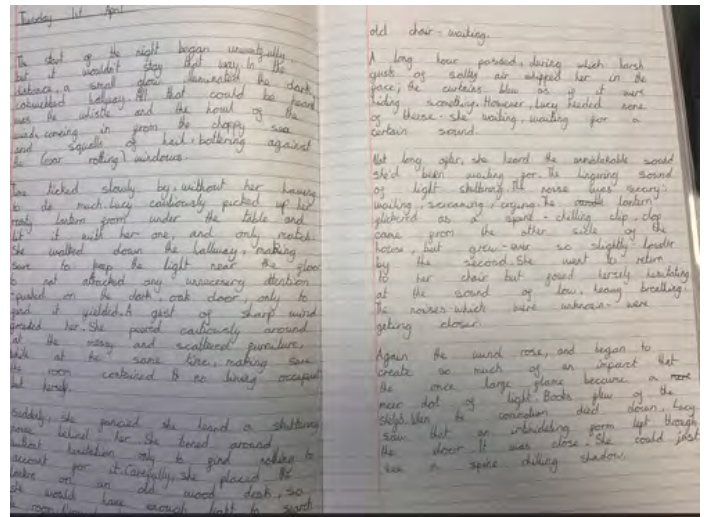
Maths



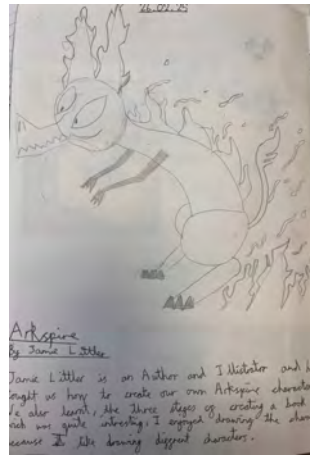
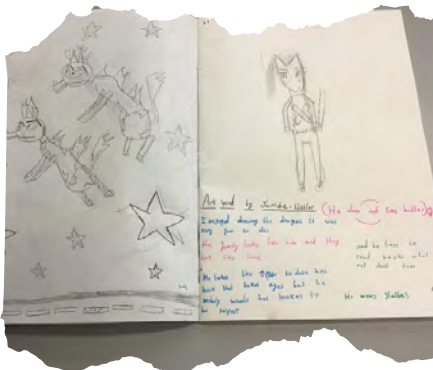
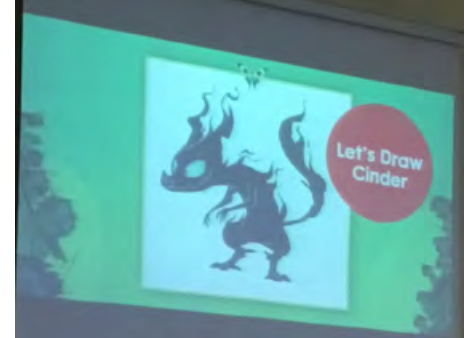
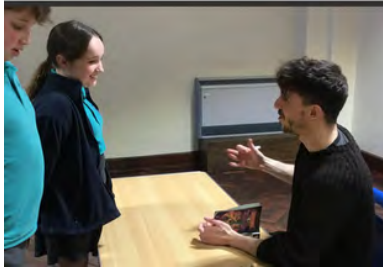
It is a day to have fun, dress up as your favourite book character and read!
Willow

English

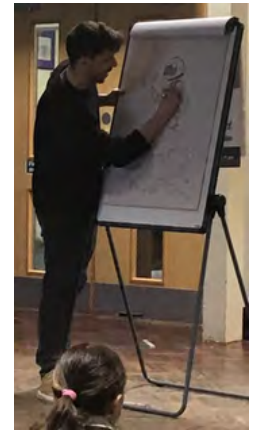
The Year 6 children have been working hard and have been producing some outstanding pieces of writing which was commented on by two DCAT Headteachers and our Director of Education who visited St Paul's a couple of weeks ago.



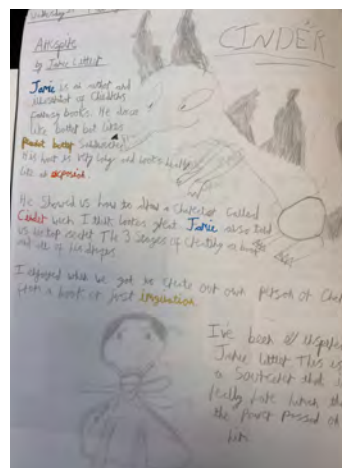
Jamie Littler- Author & Illustrator visit



Edwin



Evie



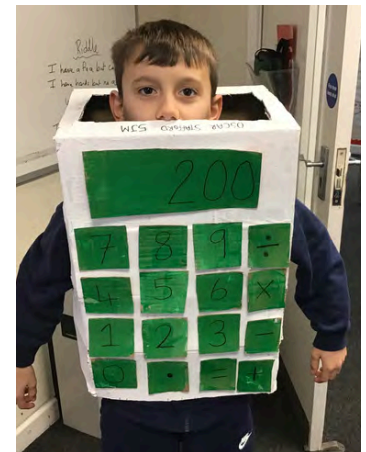
Lexi



Maths

At the end of February, we hosted an NSPCC Number Day to raise awareness of what the NSPCC does and how money that is raised can support children across the UK.

Thank you so much to everyone that supported their child in making a costume for the day. There were some fabulous outfits!



World Book Day 2025



A colourful selection of book characters arrived to share a day full of book fun.



World Book Day 2025



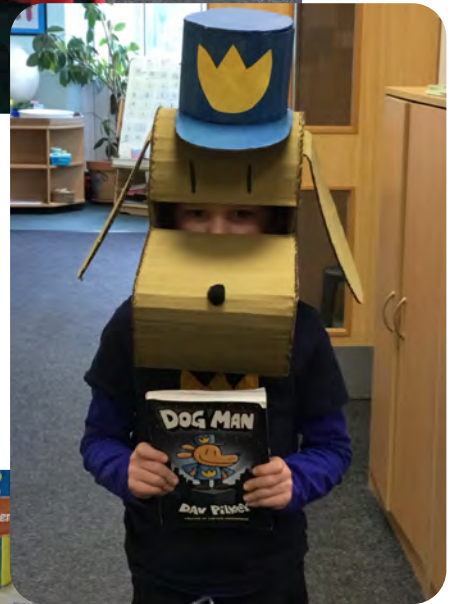
The children enjoyed sharing books with children from other classes. It was a real celebration of reading.



World Book Day 2025



An incredible array of book characters joined us for the day.



World Book Day 2025



The staff enjoyed dressing up too!



Relay to Sierra Leone



As an Academy, we raised £2500!



We joined in with the 'Relay to Sierra Leone' to raise money for our twin teacher to visit us in October 2025. As an Academy, we managed 784 miles! Everybody made so much effort and thanks for your support.

Our top fund raising class was 2LG!



Sports @ St Paul's

Monday 3rd February- Indoor Athletics Cluster Event



The indoor athletics cluster event was held this afternoon at SLA and we smashed it coming first and qualifying for the area finals. The pupils once again showed great resilience to pick up some great wins in the running vs the two other fastest schools who were in our heat and then the field events, they got us more points than we have ever got before.

Super proud of them all.
Mr McGowan

Thursday 6th February- Table Tennis Workshop-



We had a whole table tennis roadshow to ourselves as we were the only school to turn up. All the children had a great time and was brilliant to see them learn a new hobby.

There is a chance they can come into school for a club.

Mr McGowan



We had our SGO come in and take our Year 3s for a multi skills festival. We had the results this morning and we came 1st in our area receiving the gold certificate.
1st St Paul's
2nd Sandown
3rd St Thomas C of E Primary School Winchelsea

Sports @ St Paul's

On Friday 7th March 2025,- The Girls 'Biggest Ever Football Session' across the country run by England Football.



Monday 10th March

Silver medal in Netball and Omar winning overall player of the match in Hockey.



The children loved the experience! Omar enjoyed the sweets which he received for being the overall best player of the match.



"The netball season ends with a 4th place finish. I'm super proud of the girls this year having won the Netball league and getting a Silver medal last week. I think we can be happy with our achievements".
Mr McGowan

Mrs Webb took a group of pupils from Years 4, 5 & 6 to Summerfield's gymnastics club to compete against four other schools. As well as many individual medals, we also came away with team Gold and Silver.

Time to Dance

What a wonderful week to celebrate dance and highlight our talented children at St Paul's.

Zumba

Zumba club kicked off Time to Dance on Monday! The theme of Time to Dance this year was memories, the children were given music from the 90s to learn a fun routine. It was a long day for them and they let their light shine as they behaved impeccably as well as acing their performance with high energy, fantastic moves and coordination.



"I was nervous but really enjoyed it!"
Callie Year 3.

Becky from Funk Fusion Fitness who runs Zumba, said, "This group are incredible, they know their moves and smash it every time they perform."

"When I was on stage, I had SO many emotions because I have never been on stage!"
Mario Year 4.

"When I performed Vogue at the White Rock Theatre, I felt a bit scared when it started but then I warmed up and at the end I felt really proud of myself!" Ida - Year 4

Well done Zumba group, we are very proud of you all!

Dance Club - Year 4, 5 and 6

On Tuesday, it was Dance Club's turn to shine their light on stage. As the limit was 30 children on stage, we had to split the dancers. Therefore, Mrs Lawson chose two dances to showcase memories.

The first was Year 4 and 5, they learnt the first dance Mrs Lawson choreographed 15 years ago when she first joined St Paul's - Vogue. Not only did they learn a tricky routine, they also had to dance with hats, which is not easy to do, however they took it all in their stride and showed how amazing they were, with fabulous poses and attitude.



Last but by no means least were the Year 6s', as it was their last year performing with us in Time to Dance, they had the opportunity to choose their favourite dance that they had learnt since joining Dance Club. They chose 'I believe', which not only had great memories for them but also a great meaning: to always believe in yourself. Their performance was slick, in time and full of energy. What great role models for the current and future dancers we have coming through the school.



"I found last night an amazing experience, but sad too because it was the last one at St Paul's. It was also nerve-racking the nerves soon turned into joy. Overall it was an amazing night and each dance we saw was full of surprises." Sky (Year 6)

Overall, has been a fabulous week for dance at St Paul's and we are extremely proud of all of the children who performed. We cannot wait to see what these children will continue to do as they journey further through St Paul's and into Secondary school. Well done!

Wellbeing

Children's Mental Health Week

We will be supporting Children's Mental Health Week this year with all pupils having lessons about this year's theme which is 'Know Yourself, Grow Yourself.' The theme aims to help our children to understand themselves so they can be more prepared to deal with their emotions and how they cope with life's up and downs.



5 top tips from Place2Be to support your child

1. **Encourage journaling.** Encourage your child to express their emotions and feelings through journaling
2. **Make space for reflection.** Go for a walk, drive, or try mindful colouring or baking together. Children will find it easier to reflect on their different emotions and also to understand themselves better if they can talk in a relaxed way.
3. **Be visual.** Use imagery, such as emojis or flashcards to help children and young people to recognise and label their feelings.
4. **Practice mindfulness.** Try mindful activities and quiet family time to enjoy being in the present moment.
5. **Communicate.** Feedback is crucial for helping us see our blind spots and gain greater insight into ourselves. Creating safe and supportive ways to share your own experience will help your child to understand themselves.

Useful Websites

[Young Minds](#)

[Here4you](#)

[Place2Be](#)

If you have concerns about your child's mental health, contact our Senior Mental Health Lead - Miss Watson
lwatson@stpaulsceaacademy.org

Comic Relief 2025



2HONH



3EL



4HM



RBCKC

As part of Year 3 courageous advocacy, Year 3 "danced like it was 1985". A big well done to all the children as they raised £497 for Comic Relief.



Year 3 Dance Like It's 1985

Me & My Mind Supports World Sleep Day March 2025

Did you know that sleep is essential for our children's emotional wellbeing as well as their physical health?




Tips for Families

- Spend lots of time in natural daylight and get plenty of activity through play or movement during the day
- Create a 'wind-down routine' in the hour before bed: share story time, promote reading or listen to calming music
- Stick to the same wake-up time
- Keep the sleep space calm and cosy
- Avoid games that over-stimulate at bedtime.

Pre-Recorded Workshops on Sleep

- An introduction to sleep hygiene: information for parents and carers (Me & My Mind – one hour) <https://rb.gy/13a7dh>
- Sleep: a parent and carer workshop (CAMHS – 1.5 hours) <https://www.youtube.com/watch?v=3oqhd3c74cw&t=24s>

Recommended Apps

-  Reach Out Worry Time - set your worries aside until later, so you don't get caught up in them and can get on with your day.
-  Cove (Apple devices) - Create music to capture your mood, express how you feel and reflect emotions
-  Smiling Mind - introduce young people to meditation.

Further Advice & Information

- East Sussex School Health <https://rb.gy/9k4o9k>
- Information for Young People: Young Minds <https://rb.gy/vebkmc>
- Childline Sleep Advice <https://rb.gy/28izbt>



East Sussex
County Council



A helping hand with your mental health
me & my mind
East Sussex Mental Health Support Team

FREE SUPPORTING YOUR CHILD WITH SLEEP A WORKSHOP FOR PARENTS AND CARERS.

- Understanding the importance of good quality sleep
- Take time to learn practical things you and your child can do at home to help improve sleep
- Time to chat to other parents and carers if you want to, you don't have to!



Hastings Town and East Hastings Family Hub

10:00am to 12:00pm or 12pm to 2pm



21st May and 12th June



For full details and to book , use the QR code or visit:
www.buytickets.at/mentalhealthandwellbeingineducation



EDUCATION
EAST SUSSEX
TOGETHER FOR EXCELLENCE
AND INCLUSION



ST MATTHEW'S CHURCH

St. Leonards-on-Sea, East Sussex



Ladies Connect runs on a Monday morning from 10:00-11:30am in the Mill Room in the Church Centre. It is an informal group for women. A time for fellowship and friendship.



There is always a tasty snack too!

Easter Sunday Celebration

Sunday 20 April

11am at St Matthew's Church

St Matthew's Road, TN38 0TN

Do come and join us as we celebrate the resurrection of Jesus Christ.

Following the service there will be an Easter Egg hunt for children around the Church grounds.

www.stmatts.co.uk

 **St Matthews**
helping local people follow Jesus Christ

ST PAUL'S TOGETHER



BRING & BUY SALE

£5 PER PITCH

CLOTHING - TOYS - FURNITURE - BOOKS

SAT 29TH MARCH 12PM - 3PM

ST PAUL'S C OF E ACADEMY

VIA SMALLER GATE ENTRANCE ON AMHERST ROAD
LIMITED ACCESS DUE TO STEPS

** EMAIL STPAULSTOGETHER@GMAIL.COM TO RESERVE A PITCH TODAY * ONLY £5! *

SUBJECT TO THE WEATHER

PITCHES AVAILABLE ON A FIRST COME, FIRST SERVE BASIS (LIMITED NUMBER OF TABLES)

Thank you!



W.AVE ARTS BEXHILL

Love Where You Live

Starting 24th April free family workshops – this is a test pilot to see if there is interest and how we move forward providing what you need.

We have May silent fitness classes (all abilities) absolutely free for the whole of May!

Let's get fit whilst having fun!

21st of June our pay what you can silent disco and paint. Adults afternoon

We also provide children's workshops such as spray painting, marbling, sculpting and much much more, most of our classes and events are under our 'Pay What You Can' scheme. We recommend subscribing to our Eventbrite as these classes sell out quick.

FREE Family Workshops

FRIENDLY, INFORMAL SESSIONS TO MEET OTHER PARENTS, LEARN NEW SKILLS AND PARTICIPATE IN FUN ACTIVITIES.

- INTRODUCTORY SESSION
- 24TH APRIL 10-12PM

ENQUIRES? CONTACT FRAN: 07814418478

East Sussex County Council

SILENT FITNESS

- STARTING THIS MAY!
- FIRST FOUR SESSIONS FREE!
- ALL ABILITIES!

COMMUNITY FUND THE COMPOUND

FREEDOM DANCE LET'S 'AVE IT!

SILENT 80'S, 90'S & NOUGHTIES DANCE & PAINT

21ST JUNE 3PM - 6PM

COMMUNITY FUND THE COMPOUND

FREEDOM DANCE LET'S 'AVE IT!

FREE COFFEE & ART

FOR PARENTS/CARERS OF NEURODIVERGENT CHILDREN LAST MONDAY OF THE MONTH 9:30-11AM

SPACE FOR YEM THE COMPOUND

Key Dates

Tuesday 2nd April- 2.30pm Year 1 Maths Play

Thursday 3rd April- Year 3 Egyptian Day

Thursday 3rd April- 2.30pm Year 2 Maths Play

Friday 4th April- 10am Years 4, 5 & 6 Easter Service at St Matthew's Church-
Year 4, 5 and 6 parents welcome

Friday 4th April - Last day of Term 4

Tuesday 22nd April - INSET Day

Wednesday 23 April - Start of Term 5

Monday 5th - May Bank Holiday

Week beginning 12th May to Thursday 15th May- Year 6 SATs

Monday 26th May - Spring Bank Holiday

St Paul's CE Academy,
Hornty Road,
St Leonards-on-Sea, East Sussex,
TN37 6RT

Tel: 01424 424530

office@stpaulsceaacademy.org

We'd love to hear some feedback
from you as well as any new
ideas for things we could include
in our St Paul's News. Please send
any comments to
office@stpaulsceaacademy.org

Cricket



It all starts with... ALL STARS CRICKET

All Stars Cricket is the best cricket experience for **5-8 year-olds**

All kids are guaranteed to develop **new skills** while **having fun** and **making friends**

Participants receive a **personalised backpack of goodies** including a bat, ball and t-shirt!

Sign up today at allstarscricket.co.uk



DYNAMOS CRICKET

This is our game.

Calling all 8-11 year olds!

Whether a graduate from All Stars or new to the sport, Dynamos Cricket is an exciting way for kids to **play, learn** cricket skills and make **new friends**.

Participants receive a personalised New Balance shirt with their name and chosen number.

Sign up today



dynamoscriccket.co.uk

St Paul's CE Academy,
Hornty Road,
St Leonards-on-Sea, East Sussex,
TN37 6RT

Tel: 01424 424530

office@stpaulsceaacademy.org

We'd love to hear some feedback from you as well as any new ideas for things we could include in our St Paul's News. Please send any comments to office@stpaulsceaacademy.org