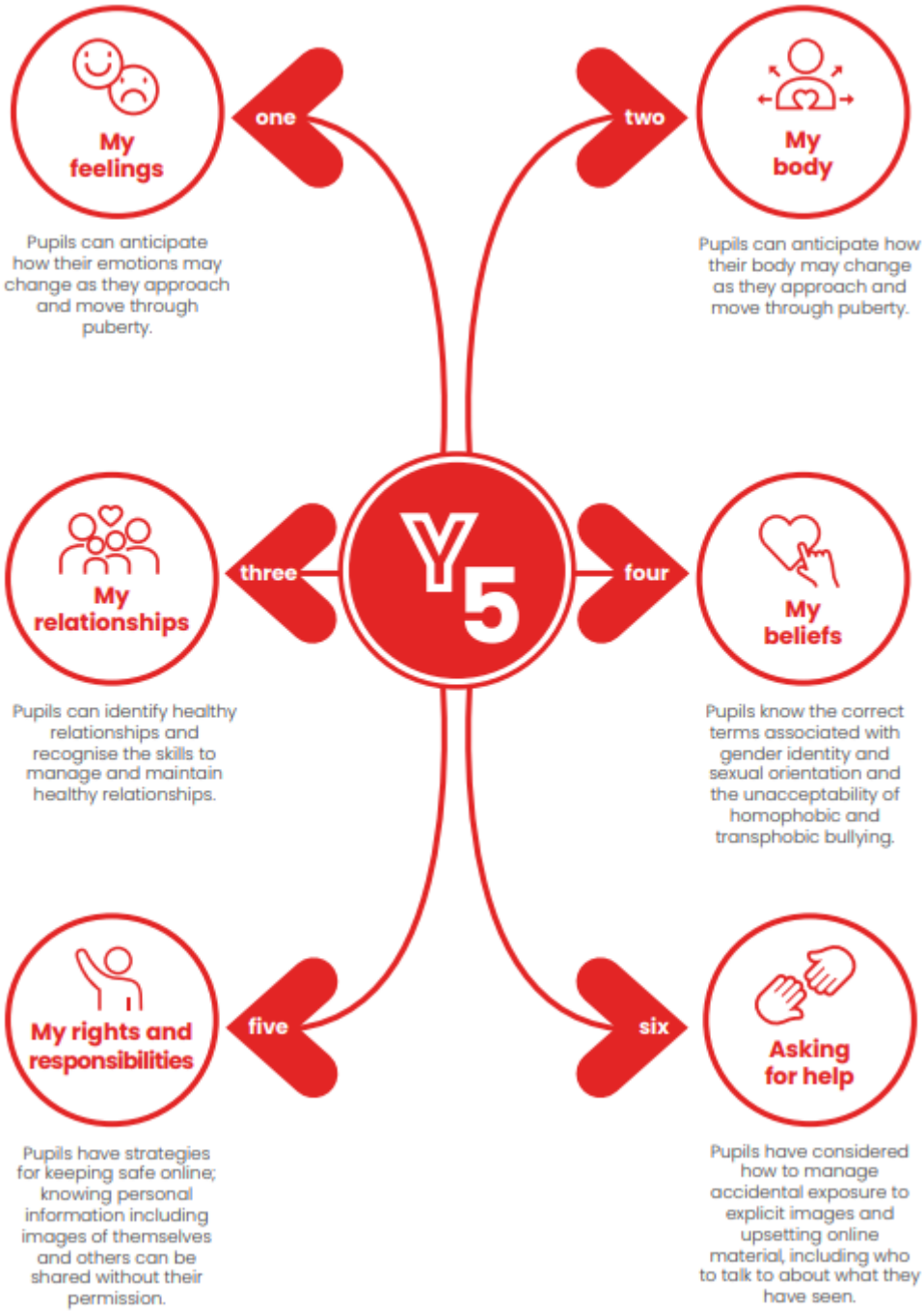
Y5
one
My feelings
Pupils can anticipate how their emotions may change as they approach and move through puberty.
two
My body
Pupils can anticipate how their body may change as they approach and move through puberty.
three
My relationships
Pupils can identify healthy relationships and recognise the skills to manage and maintain healthy relationships.
four
My beliefs
Pupils know the correct terms associated with gender identity and sexual orientation and the unacceptability of homophobic and transphobic bullying.
five
My rights and responsibilities
Pupils have strategies for keeping safe online; knowing personal information including images of themselves and others can be shared without their permission.
six
Asking for help
Pupils have considered how to manage accidental exposure to explicit images and upsetting online material, including who to talk to about what they have seen.