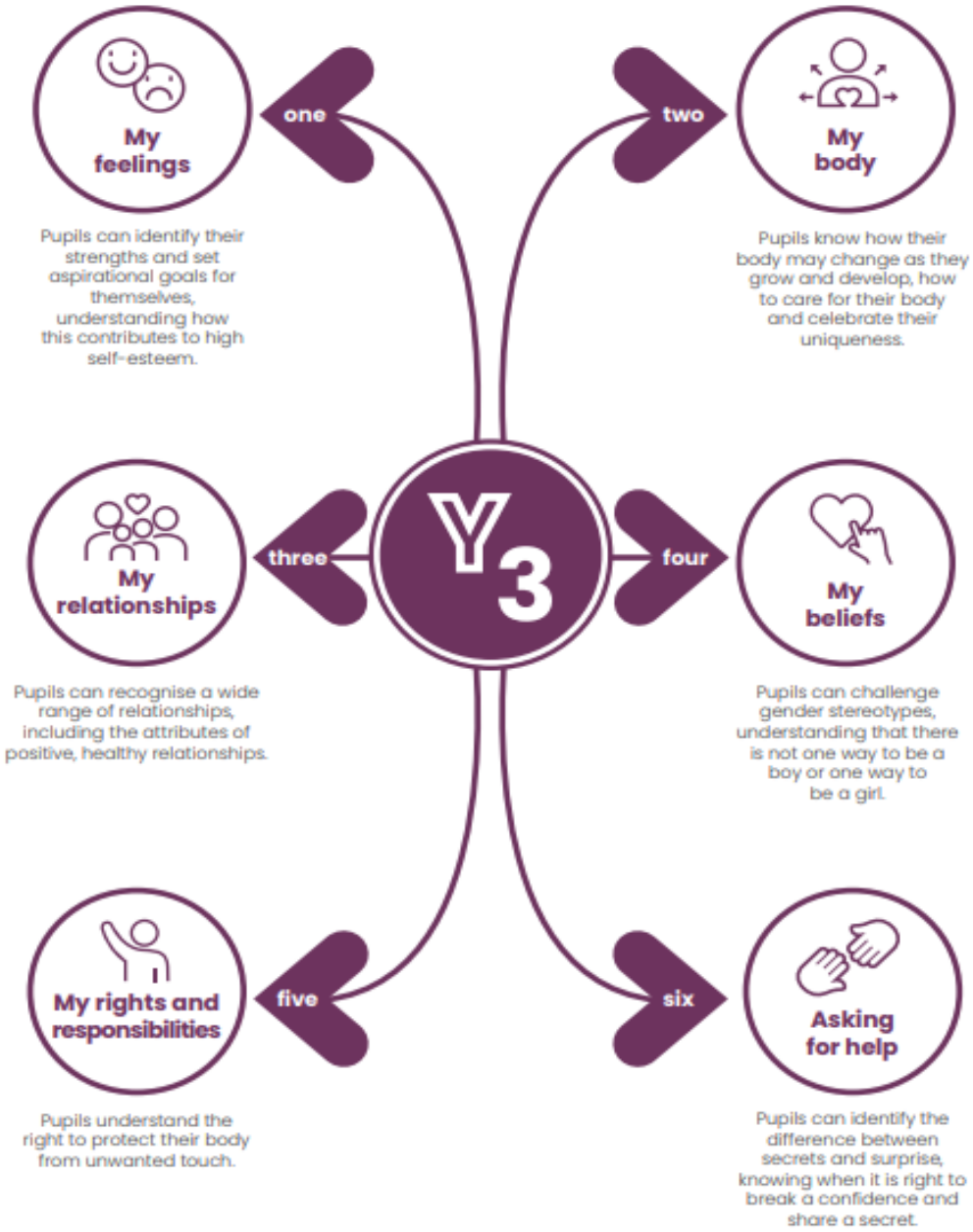
Y3
one
My feelings
Pupils can identify their strengths and set aspirational goals for themselves, understanding how this contributes to high self-esteem.
two
My body
Pupils know how their body may change as they grow and develop, how to care for their body and celebrate their uniqueness.
three
My relationships
Pupils can recognise a wide range of relationships, including the attributes of positive, healthy relationships.
four
My beliefs
Pupils can challenge gender stereotypes, understanding that there is not one way to be a boy or one way to be a girl.
five
My rights and responsibilities
Pupils understand the right to protect their body from unwanted touch.
six
Asking for help
Pupils can identify the difference between secrets and surprise, knowing when it is right to break a confidence and share a secret.