



WHAT IF?

TRANSITION WORRIES FOR YEAR 6

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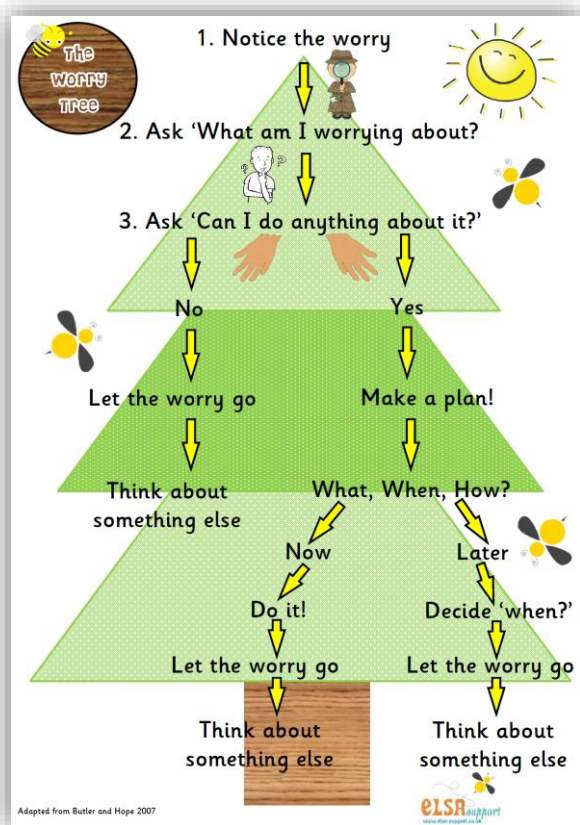
What if? Scenario cards – year 6

A huge thank you to the ELSA Facebook group who helped me with these questions. These are all common worries amongst year six children and have all been asked.

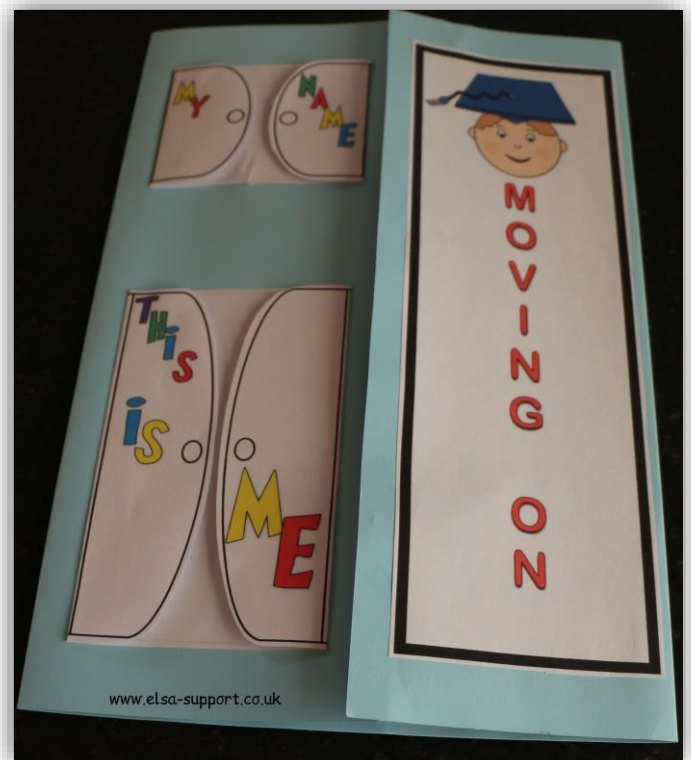
Ways to use them:

- Circle time- pick a card and everyone answers.
- One to one working on transition, ask a child to pick a card and discuss or you could just pick a few and discuss with the child.

Remind them of the WORRY TREE – click the image to take you to the website so you can download a copy.



There is also the 'TRANSITION LAPBOOK' which you might find helpful for working one to one or in small groups. Click the image...



What if...

I get bullied?



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What if...

I forget my PE kit?



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What if...

I am not in the same class as my friends?



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What if...

I get lost?



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What if...

I am late to school or to class?



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What if...

No one likes me?



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What if...

I get too much homework?



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What if...

The work is too hard for me?



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What if...

I can't get on the bus?



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What if...

I forget how
to tie my tie?



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What if...

I am not
allowed to go
to the toilet?



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What if...

I don't feel
well?



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What if...

I forget my
dinner money?



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What if...

I lose my
dinner money?



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What if...

I lose my bus
pass/bus fare?



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What if...

I need help
with something
personal?



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What if...

I need help
with
friendships?



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What if...

I can't afford
to go on school
trips?



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What if...

I don't fit in?



What if...

I don't like the
teacher?



What if...

I don't get on
with the
teacher?



What if...

The teacher
doesn't like me?



What if...

I don't make
any friends?



What if...

I am split up
from my
friends?



What if...

I can't
remember what
my homework
is?



What if...

What if people
can see over
the toilet and
see me?



What if...

I don't
understand the
work in class?



What if...

It takes me
too long to get
changed for
PE?



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What if...

I get a
detention and I
miss my bus?



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What if...

My phone gets
taken away
because it goes
off in class?



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What if...

I lose my
phone?



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What if...

I don't know
the rules?



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What if...

What if I need
help?



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What if...

I need to talk
to someone?



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What if...

I get a really
strict teacher?



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What if...

I can't do the
homework?



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What if...

I can't find my uniform in the morning?



What if...

My uniform is dirty?



What if...

I get into a fight?



What if...

I don't like it?



What if...

I can't remember everyone's names?



What if...

My old friends don't like my new friends?



What if...

I don't have a computer at home?



What if...

I need the toilet during lesson times?



What if...

There are older kids in the toilets?



What if...

I lose my
planner?



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What if...

I can't
remember
where to go
for my next
lesson?



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What if...

I forget which
way to go
when walking
home?



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What if...

I lose my locker
key?



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What if...

I lose my house
keys?



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What if...

I have to stay
late for a club
and I forgot to
tell my mum
and dad?



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What if...

I lose my
computer log
in/ password?



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What if...

I miss my
brother or
sister?



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What if...

What if my
brother or
sister misses
me?



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What if...

I forget to
turn my phone
onto silent?



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What if...

I get
cyberbullied?



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What if...

My parents
won't sign my
planner?



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What if...

I forgot to get
my parents to
sign my planner?



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What if...

I can't
remember the
teacher's name?



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What if...

I feel different
because I have
free school
meals?



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What if...

I feel different
because my
family are poor?



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What if...

I am judged
before people
get to know
me?



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What if...

I feel
overwhelmed
and have a
melt down?



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