



## PE Tasks

### 1 minute challenge

How many of each of these can you do in 1 minute:

- Star jumps
- Hopping
- Shuttle runs
- Throwing and catching a ball
- Skipping
- Jump and touch the floor

What other activities can you think of to do in one minute?

Can you beat you're the following day?

What is your best score?

### Complete one of Joe Wicks' children's workouts

[https://www.youtube.com/results?search\\_query=joe+wicks+children](https://www.youtube.com/results?search_query=joe+wicks+children)

### Take some time to relax and complete a Cosmic Yoga!

<https://www.youtube.com/user/CosmicKidsYoga>

## History and Geography Tasks

### **1. Hastings Pier**

Talk to your grown-ups, What can they remember about Hastings Pier from when they were a child?

### **2. Past and present comparison.**

Can you use the internet to find facts about Hastings Pier now and in the past?  
Can you write a comparison of Hastings Pier Now and in the past?

### **3. What other piers are there in the UK?**

Can you write a few sentences about other Pier around the UK? What facts have you found about them?  
Can you label them on a map of the UK?

### **4. Design your own pier**

If you could create your own pier what would you have on it?  
Why have you chosen these things?

## Science Tasks

### **1. Ice experiment**

*Freeze 6 Ice cubes.*

*Put the frozen ice cubes in different places around your house.*

Which ice cubes melted first?

Which ice cube melted last?

Why do you think this happened?

Can you write up what you have found out in a few sentences?

### **2. Clean Pennies with Vinegar**

<https://sciencebob.com/clean-pennies-with-vinegar/>

### **3. Build a habitat for one of you cuddly toys**

(You may wish to use junk modelling or blankets etc.)

### **4. Draw a picture of yourself**

Can you label your body parts?

What jobs do the parts of your body have?

## Art Tasks

### **1. Sketch**

Look out of a window in your house.

What can you see?

Can you create a sketch of the view from your window?

### **2. Create some sculptures using playdough**

*(simple recipes available online)*

Can you make a flower?

Can you make a statue of yourself?

Can you create a house?

What else can you create?

### **3. Create a collage**

Use things you find around your house to create a collage of The Pier, or your favourite place to visit in Hastings.

### **4. Finger painting**

Can you create a picture using just paint and you fingers?